

Three P.G. County Cities and Towns Receive Prestigious Sustainable Maryland Certified Award at Maryland Municipal League Conference

By MIKE HUNNINGHAKE

The Environmental Finance Center at the University of Maryland

COLLEGE PARK, MD (October 15, 2018)—The Environmental Finance Center at the University of Maryland announced that the Town of Cottage City, the City of Mount Rainier, and the City of Laurel were among eight Maryland municipalities honored at the Sustainable Maryland Awards Ceremony at the Maryland Municipal League's annual Fall Conference last Friday in Annapolis.

Cottage City

Highlights of Cottage City's accomplishments include:

- Cottage City sponsored a series of 12 environmental field trips for senior citizens in Cottage City and the surrounding community.
- The Town launched a community garden that is now in its 8th year. It features 24 beds, four fruit trees, and a grape arbor.
- The Town partnered with the Port Towns Community Health Partnership and Fort Lincoln Family Medicine Center for monthly low-impact exercise classes for seniors from May 2016–April 2017.
- Cottage City was one of the initial communities that joined Prince George's County and Sustainable Maryland's efforts to "Scoop the Poop".
- The Town adopted a Green Purchasing Policy to help ensure more environmentally friendly procurement of goods and services.

"The town of Cottage City, as part of its effort to become a more sustainable community, is proud of the Green Team and staff for their accomplishments and in being awarded the Sustainable Maryland certification," said Commissioner Natasha Davis. "We hope to continue our pursuit of becoming a model community."

According to Mike Hunninghake, Program Manager for Sustain-



COTTAGE CITY: (from left) Commissioner Natasha Davis, Commissioner Wanda Wheatley, Green Team member Denise Hamler, and Town Manager Dylan Galloway with the Sustainable Maryland Certified award at the Maryland Municipal League conference last Friday.

able Maryland, "This year's class of Sustainable Maryland Certified communities represents significant continued progress on sustainability issues, in small towns and large cities, from all across the state. The Green Teams, elected officials, and municipal staff that have accomplished so much provide both inspiration and real-world examples for their peers to follow."

For detailed information about Cottage City's sustainability initiatives, please contact Dylan Galloway, Town Manager, townmanager@cottagecitymd.gov, 301-779-2161.



MOUNT RAINIER: (from left) Council Member Shivali Shah and Green Team Chair Joseph Jakuta with the Sustainable Maryland Certified award at the Maryland Municipal League conference last Friday.

Mount Rainier

Mount Rainier received its initial certification in 2012, and was re-certified again in 2015 and 2018.

"Mount Rainier has been a bellwether in the state of Maryland with its demonstrated commitment to going green and reducing its environmental footprint," said Mayor Malinda Miles. "Thanks to volunteers, the City has once again met the Sustainable Maryland Certified re-certification standards. This is the third time that Sustainable Maryland's certification goals have been made. Thank you especially to Green Team Chair Joseph Jakuta for taking the lead and putting Mount Rainier's re-certification application together."

Highlights of Mount Rainier's accomplishments:

- The Green Team created a video series called #GreenisLife, which focuses on environmental living in Mount Rainier.
- The City worked with University of Maryland students and a Chesapeake Conservation Corps volunteer to complete a Municipal Carbon Footprint for the City.
- The Green Team hosted native plant workshops, plant swaps, and plant sales for the past eight years.
- The Mount Rainier Community Garden started its fifth growing season in the spring of 2018.

- The City participated in a municipal collaboration with other municipalities in Prince George's County in an effort to provide energy efficient weatherization upgrades to income-eligible residents for free.

For detailed information about Mount Rainier's sustainability initiatives, please contact Miranda Braatz, City Manager, mbraatz@mountrainiermd.org, 301-985-6585 Ext: 22

City of Laurel

Laurel received its initial certification in 2015, and became re-certified in 2018.

Highlights of Laurel's accomplishments:

- Held its first health fair for the community in 2018. The event had a total of 50 vendors, and attendees were able to receive complimentary flu shots as well as health screenings for cholesterol, diabetes, hearing, and vision.
- Has been a Tree City USA community for 24 years.
- The City is one of the municipalities that has approved the Patuxent River Watershed Act. The purpose of this legislation is to protect the Patuxent River by regulating actions that impact the river.
- Offers an extensive Health & Wellness program for City employees, where enrolled participants accumulate points for certain healthful activities.

"The City of Laurel is proud to be recognized as a Sustainable Maryland Certified municipality, as well as a SolSmart municipality," said Mayor Craig Moe. "As Laurel continues to grow, the City Council and I pledge to always work toward sustainable growth, including protection of our natural resource conservation, historic district, commercial corridor and encouraging healthy living for our wonderful city."

For detailed information about Laurel's sustainability initiatives, please contact Christian Pulley, Economic and Community Development Director, cpulley@laurel.md.us, 301-725-5300 ext. 2252.



LAUREL: (from left) Department of Economic and Community Development Director Christian Pulley, Deputy City Administrator Lou Ann Crook, Clerk of Council Kim Rau, Mayor Craig Moe, Councilman Keith Sydnor, Department of Economic and Community Development Deputy Director Robert Love, and Councilman Fred Smalls with the Sustainable Maryland Certified award at the Maryland Municipal League conference last Friday.

ALL PHOTOS COURTESY OF THE ENVIRONMENTAL FINANCE CENTER AT THE UNIVERSITY OF MARYLAND

UNITY

Breast Cancer Awareness Event a Success

helped to advance breast health throughout the area.

Screening Recommendations

Women should get regular screening mammograms to help detect breast cancer when it is most treatable. Women 40 and older—have mammograms and clinical breast exams yearly. Women 20s and 30s—have clinical breast exams as part of regular health assessments at least every three years. Women 20 and older—perform breast self-exams and notify doctors of any changes.

Breast Cancer

Breast cancer is a disease in which malignant (cancerous) cells develop in breast tissue. Though early-stage breast cancer usually has no symptoms, some may notice a lump in or near the breast or a change in breast size or firmness.

- Nipple itching, burning, rash, turning inward or discharge
- A warm area in the breast
- Breast skin changes such as dimpling, a sore or a rash
- Swelling in the armpit

Women should contact their physicians immediately if they experience any of these symptoms. To schedule an annual mammogram screening or request a free breast health brochure, call the Center for Comprehensive Breast Care at 301-552-8524 or visit DCH-web.org/breast.

Doctors Community Health System is a network of medical and surgical services provided throughout Prince George's County and in Anne Arundel County. At the heart of this network is its flagship—Doctors Community Hospital in Lanham, Maryland. To complement the hospital's high-quality and comprehensive services, the system has more than a dozen centers of care in Bowie, Camp Springs, Crofton, District Heights, Hyattsville, Lanham, Largo, Laurel, Riverdale and Temple Hills.

Domestic Violence Grant Recipients

Ending Domestic Violence in the County

Council Chair Dannielle Glaros (D) stressed the importance of ongoing collaboration between nonprofits and government to effectively address the scourge of domestic violence.

The Council appreciates the work of agencies and all nonprofits working tirelessly to support our families and save lives. We will continue to focus on strengthening our relationships with solutions and partnerships to address the scourge of domestic violence in Prince George's County."

View the proclamation ceremony online, please visit the Council website, council.us.

Domestic Violence Grant Awardees

AMOUNT	La Clinica del Pueblo	\$25,000
AMOUNT	Progressive Life Center, Inc.	\$55,388
AMOUNT	Prince George's Child Resource Center, Inc.	\$30,000
AMOUNT	The Institute for Creative Community Initiatives	\$30,000
AMOUNT	Dimensions Health Corporation dba UM Capital Region Health	\$50,000
AMOUNT	Sisters4Sisters, Inc.	\$20,000
AMOUNT	COUNSELING	AMOUNT
AMOUNT	Community Advocates for Family & Youth, Inc.	\$36,000
AMOUNT	District Heights Youth Development Foundation	\$40,000
AMOUNT	ADVOCACY	AMOUNT
AMOUNT	Community Advocates for Family & Youth, Inc.	\$50,562
AMOUNT	Community Legal Services of Prince George's County, Inc.	\$20,000
AMOUNT	Women's Law Center of Maryland	\$20,000
AMOUNT	TOTAL	\$500,000

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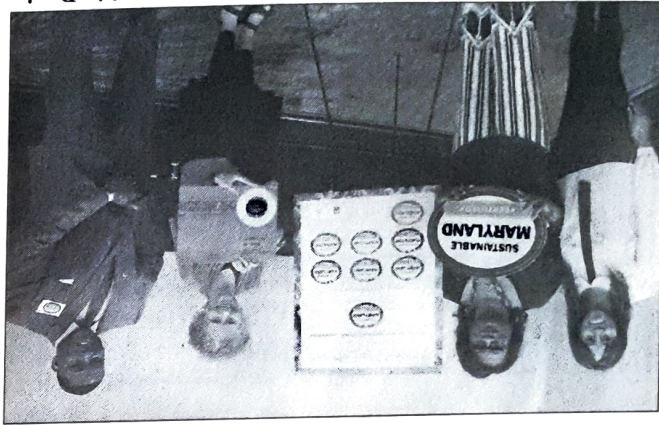
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